

The Rec-Connection

June 2004



“No one hates their own body, but lovingly cares for it, just as Christ cares for his. As we are his body.” Ephesians 5: 29 & 30

“Years ago a farmer owned land along the Atlantic sea coast. He constantly advertised for hired hands. Most people were reluctant to work on farms along the Atlantic. They dreaded the awful storms that raged across the area, wreaking havoc on the buildings and crops. As the farmer interviewed applicants for the job, he received a steady stream of refusals. Finally, a short, thin man, well past middle age, approached the farmer. “Are you a good farm hand?” the farmer asked him. “Well, I can sleep when the wind blows,” answered the little man. Although puzzled by this answer, the farmer, desperate for help, hired him. The little man worked well around the farm, busy from dawn to dusk, and the farmer felt satisfied with the man’s work. Then one night the wind howled loudly in from offshore. Jumping out of bed, the farmer grabbed a lantern and rushed next door to the hired hand’s sleeping quarters. He shook the little man and yelled, “Get up! A storm is coming! Tie things down before they blow away!” The little man rolled over in bed and said firmly, “No Sir. I told you, I can sleep when the wind blows.” Enraged by the old man’s response, the farmer was tempted to fire him on the spot. Instead, he hurried outside to prepare for the storm. To his amazement, he discovered that all of the haystacks had been covered with tarpaulins. The cows were in the barn, the chickens were in the coops, and the doors were barred. The shutters were tightly secured. Everything was tied down. Nothing could blow away. The farmer then understood what his hired hand meant, and he returned to bed to also sleep while the wind blew.”

Moral of the story: When you're prepared, you have nothing to fear. Can you sleep when the wind blows through your life? The hired hand in the story was able to sleep because he had secured the farm against the storm. We secure ourselves against the storms of life by grounding ourselves firmly in the Word of God and placing our total trust in Him!

Maybe that story was just for YOU this week. When others are looking forward to a carefree summer, you are facing a major storm in your life. The wind is beginning to blow pretty hard for some of you right now! Please remember that whatever you are currently going through or facing in the future, if you are a follower of Christ, your circumstance has already had to pass through God and He will help you pass through it! Regardless of how it FEELS right now, God won't FAIL you! The Lord has promised to help you get through it. Rest in Him!!!

Psalm 16:8-9 (NLT)

“I know the LORD is always with me.

I will not be shaken, for he is right beside me.

No wonder my heart is filled with joy,
and my mouth shouts his praises!

My body rests in safety.”

Chris Jones

Director of Recreational Ministries

CLC Summer Guidelines

1. Children 5th grade and below must be accompanied by a parent or guardian at all times.
2. Each covenant card holder is allowed to bring 2 guests. Each guest must complete a visitor's form if any guest is under 18 years of age, the form must be signed by a guardian before they will be allowed to play in the building.
3. Children 6th grade and below are NOT allowed to use the weight room. 7-9th grade are allowed to use the weight room but must be accompanied by a guardian.
4. All users of the weight room must complete an orientation before using the equipment. A list of available times is located at the front desk.

Upcoming Events

Summer Camps

Tumble Fun	June 7-11	8:30-10:30am
Gymnastics	June 7-11	11 - Noon
Martial Arts	June 21 - 25	9-10am
Cheerleading	June 21-25	11 - Noon
Drama	July 12-16	9 - Noon

All Upward camps are \$70

Upward AA	K-2	July 12-16	1-5pm
Upward A	K-2	July 19-23	8-Noon
Upward B	K-2	July 19-23	1-5pm
Upward C	3 & 4	July 26-30	8-Noon
Upward D	5 & 6	July 26-30	1-5pm

Summer Exercise Classes \$28

June 7th - July 29th

Jazzercise: Mondays 6:30 - 7:30pm

Yoga: Wednesdays 6:30 - 7:30pm

Pilates: Thursdays 6:30 - 7:30pm

Active Older Adults: MWF Noon - 1pm

Active Older Adults is a free class!

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