

The Rec-Connection

Physical exercise has some value, but spiritual exercise is much more important, for it promises a reward in both this life and the next. 1 Timothy 4:8

Claiming the Impossible

March 2008

Being the eternal optimist I am, I believe that anything is possible. With enough hard work, dedication, and sheer force of will, the human spirit can accomplish or overcome anything. I believe we each possess limitless potential bound only by our attitude.

What about you? Do you believe this statement? Maybe it's naïve. Maybe it's a little sugary. Or maybe it's what we each want to believe, but for some reason don't.

What if we did believe? Like Tinkerbell in Peter Pan, that if we believe hard enough we can fly. What if we ignored the naysayer? Would we be able to fly?

About this point in the article, I should tell a story we can all relate to – one where our hero overcomes an obstacle and celebrates victory. This month I won't offer any anecdotal stories or singular instances of extraordinary faith. Instead, I want you to fill in the story for me, and I will just ask questions.

Think of a time when you know Christ was present. Recall to the finest detail the smell of the room, the emotion in the air, etc.

- What made this moment so real?
- Why could you feel Christ's presence in this moment and not others?
- Is Christ calling you to something? Nudging? Whispering?
- What is holding you back?
- Why is this holding you back?
- Recall your emotions when you encountered Christ. How did you feel? Is that a feeling you want again?
- Now I ask again...what is holding you back?

I understand Lent to be a time of preparation for Easter. Maybe by answering some of these questions, we can prepare our hearts and look at Easter differently. If we call ourselves Christians then we claim the impossible. The risen Savior defies all logic and understanding of our world, yet we believe. We want to believe that the impossible is possible...and that we can fly.

I want a faith like that; a faith that defies the pragmatic, and claims the impossible.

What if we truly believed? How would that change our perception of God and what we thought was possible?

Claim the impossible.

Chris Jones

Director of Sports and Recreation

Playing with a Purpose

News & Events

Men's Basketball League

March 31 - May 22 (8 weeks)
4-5 weeks of Round Robin followed by an in-season tournament.

Choose from the following divisions:

- Mondays: Ages 40+ Recreational
- Tuesdays: Open Recreational
- Thursdays: Open Competitive

Deadline to register is the coaches meeting
March 25th at 7:00 PM

Volleyball Conditioning Clinics VASST

Hosted by Prestige Volleyball
Wednesday evenings 7:30 - 8:30 PM
To register, visit www.cumcsports.com

Spring Golf League

Tuesdays at Ridgeview Ranch in Plano
April 8th - June 10th (10 weeks)
5:30PM Shotgun Start
Prizes for the top 3 finishers in each flight
Visit www.cumcsports.com for additional details

Summer Camps

Summer Camp registration will begin Sunday
March 31st
Visit www.campcumc.com to be added to the early bird registration list

Online registration using MyCUMC

To register for events online, you must use your user name and password. All current CUMC participants have been issued a user name and password. If you do not know yours, please use the retrieve feature available on the registration page. If you are new to CUMC, you can use the Create Account option.

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